



# HOW CAN I SUPPORT YOUR STUDENTS, PARENTS AND SCHOOL?

## FREE OFFER

- Motivational talks to small groups or year groups in assemblies on a range of areas from confidence, getting over failure, developing a growth mindset, acceptance of themselves and personal development.
- A talk to parents on how they can use simple and effective coaching strategies to best support their children.
- A stand at open evenings to offer support and guidance to students and parents.

## COMMISSIONED

- Individual coaching programme of 6-10 sessions. Each session lasting 60 minutes focussing on areas identified with the young person.
- Small group work shop sessions lasting approximately 90 minutes with 4-6 students focussing on targeted concerns that they are facing from self-esteem, exam stress, confidence, goal setting or relationships.

## TARGET STUDENTS

- Students who are keen to find a solution to improve their present and future situation in life.
- Coaching can be helpful for children in care (LAC) and post looked after children (PLAC).
- It is also helpful for young people struggling with self-doubt, confidence issues or family disharmony.
- Student Breakthrough has proved effective for high ability students who are lacking motivation and lacking a sense of their future potential.