

# THE 3B COACHING PROGRAMME

We believe there is a new type of student. A student who gains life skills that aren't taught in the classroom. A student who is empowered with the tools, vision and beliefs to help them live their best life so they can change the world.

Coaching is such a powerful tool for students, they feel respected and valued, plus they create action plans for themselves. A coach never tells a student what to do, we ask the curious, the unusual and the leading questions in order to help the student formulate their own strategy. From this starting point students develop skills which enable them to achieve in all areas of their lives.

We implement our signature 3B Formula of **Boost, Believe and Breakthrough** which has proven to improve grades, relationships and mental health. We give our students the missing piece of their puzzle so they can stop getting lost along the way and instead take the fast track to success.

- This is for you – the parent who wants to help their child boost their performance both inside and outside of school.
- This is for you – the parent who wants their child to be more motivated to reach their full potential.
- This is for you – the parent who wants their child to be happy and confident in their true self.

## THE 3BS INCLUDES:

- \* Our signature 10 session student coaching programme.
- \* 60 minute weekly coaching sessions – both face to face and Zoom video calls.
- \* Electronic support throughout the programme for both students and parents via Instagram and Facebook messenger.
- \* Weekly action steps to help insure progression.
- \* The 3B course workbook.
- \* Audio clips and videos to support you throughout the programme.
- \* Access to free tickets for any Student Breakthrough event during the programme.

In the words of Frederick Douglas:

“It is easier to build strong children than to repair broken adults”

If you wish to apply or have further questions please email [sam@studentbreakthrough.com](mailto:sam@studentbreakthrough.com)

LIVE YOUR BEST LIFE.

SAM