

# THE PARENT BREAKTHROUGH WITH DEBBI KINRADE

## • A TRANSFORMATIONAL COACHING PROCESS FOR PARENTS •

We believe there is a new type of parent. A parent that is equipped with the vision, tools and perspectives to live their best life. A parent that has an increased awareness about their child and their own unique needs. A parent that undertakes deep, inner work with an experienced Parent Coach to provide their child with something extra. Empowered parents raise empowered children who are resilient to deal with all of life's present challenges and all of future problems.

- This is for you – the parent who wants a revolutionary type of support for their child
- This is for you – the parent who wants to unlock their true potential to become more connected
- This is for you – the parent who wants to be happy in their true self

## • THE PARENT BREAKTHROUGH •

A ground breaking 10 session programme of self-discovery with Debbie Kinrade where you will learn...

- \* Meet yourself – a look at your strengths and achievements
- \* Get acquainted with your personal behavioral preferences
- \* Take a look at the values and the beliefs that drive your choices
- \* Pinpoint your needs and aims
- \* Identify the challenges and obstacles that may be lurking
- \* Unearth your "fears"
- \* Enjoy and benefit from a forward looking, custom made process tailored to your specific needs
- \* Learn to set reachable, sustainable goals and go after bigger challenges
- \* Be championed in attaining your goals
- \* Learn to celebrate your success and embrace the learnings

## • ABOUT DEBBI KINRADE •

A proud veteran of 20+ years of Coaching with an enviable track record for championing successful, sustainable change for my clients, I am firm, yet compassionate and deeply committed to my clients quest to be their best selves as parents, partners, employees, employers, colleagues, friends.

I'm a mum of 2, gran to 1, dedicated practitioner of Yoga and sustainable living and believe my skill as a professional personal development and leadership Coach coupled with my extensive experience across several continents and countries gives me a "real edge" as the resident Parent Breakthrough Coach.

Being a parent comes with the challenge of not being just a parent, but managing your life as an adult too. Coaching is an invaluable tool and support in this process



BE INSPIRED!

TO BOOK YOUR FIRST SESSION EMAIL [SAM@STUDENTBREAKTHROUGH.COM](mailto:sam@studentbreakthrough.com)