



Student Breakthrough

STUDENT BREAKTHROUGH IS A FORWARD THINKING AND INSPIRATIONAL FORM OF MENTAL HEALTH SUPPORT FOR YOUR SCHOOL.



WHAT WE DO...

- We coach students to develop resilient **mental health**, boost their **confidence** and transform their **motivation**
- We train staff with **CPD accredited coach training** so that they develop new skills to empower their students
- We support parents and carers with our **revolutionary coaching strategies** to help their children thrive.



"IT IS EASIER
TO BUILD STRONG
STUDENTS THAN TO
REPAIR BROKEN
ADULTS".

Our aim is to **transform emotional support** for young people and **create lasting change** for future generations.

As a teacher myself, I found that there was not enough time or the correct support available to help students reach their full potential. This led to many problems for young people such as **anxiety, under achievement, low motivation and confidence**.

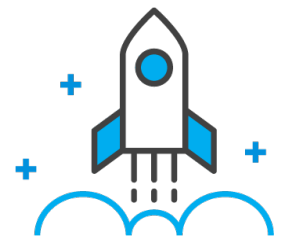
Student Breakthrough uses revolutionary coaching methods to provide children with the tools, vision, and techniques to succeed in all aspects of life. We have already dramatically changed the lives of over 1000 students using our 3B Programme of **Boost, Believe** and **Breakthrough**.

Our student coaching methods are super positive, help young people take action on their goals, and empower students to take responsibility for their lives.

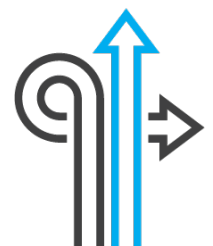
We offer 1-1 coaching sessions, group workshops, and live events to help students overcome anxiety, skyrocket confidence, boost motivation and develop resilient mental health.

We also help parents and teachers to learn our transformational coaching skills so that we can **create a coaching culture** within each school that will support everyone in developing **resilient mental health**.

Student Breakthrough is awesome for your students due to the massive boost of **positivity, motivation and self-confidence** that every student gains.



Boost



Believe



Breakthrough



OUR COACHING METHODS ARE REVOLUTIONARY...

and help you to boost key areas
in your students development
throughout their educational journey.

*WE ARE RECOMMENDED BY
STUDENTS AND STAFF...*

"Our students really enjoyed the sessions
and feedback has been so positive.
Highly Recommend."

Donna Montague, Teacher

"The sessions were absolutely amazing and a far
cry from the normal way in which student mental
health is tackled in school."

Year 12 Student

"Student Breakthrough ensures both students and
staff are being supported, maximizing everyone's
wellbeing in school."

Kerryann Bradshaw, Teacher

"I learned so much from the amazingly slick
presentation and awesome enthusiasm! Would
highly recommend Student Breakthrough to all
kinds of students to support their mental health."

Year 10 Student

"The coach training and resources were excellent
and well developed. I would highly recommend
the coach training to schools because staff learn
new strategies to develop resilient mental health
with students. Thank you Student Breakthrough!"

Pete De'Boo, Head of Year

100%

of students and staff
would recommend
Student Breakthrough

90%

of students rated their
mental health as good
or very good

82%

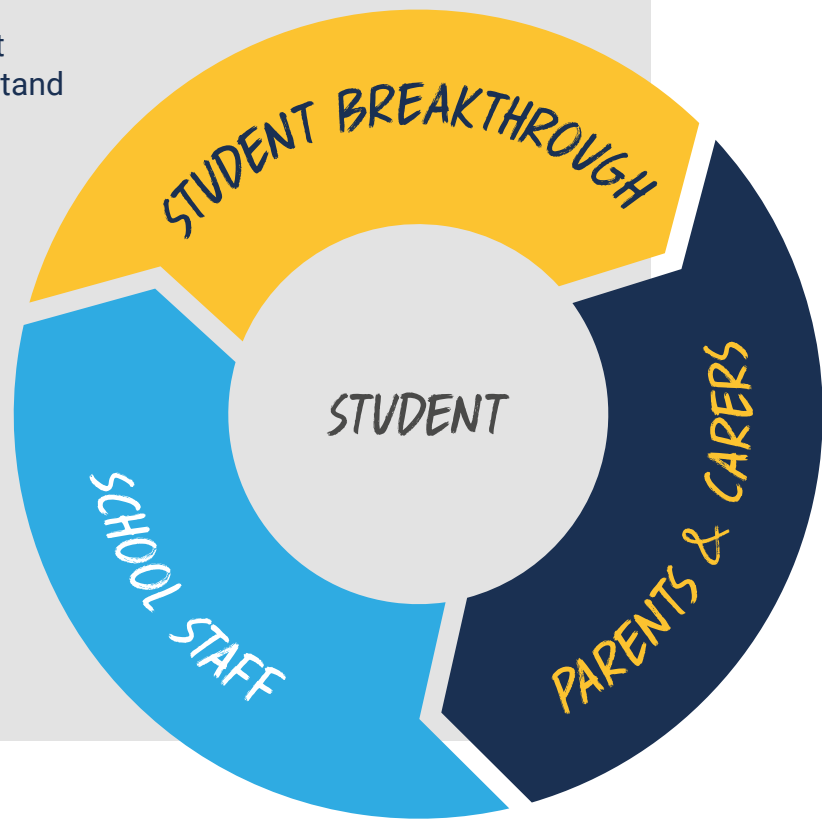
of students felt
more motivated

HOW WE HELP YOUR SCHOOL

As you are aware, every school is different. At Student Breakthrough we take time to understand your school and the individual needs of your students.

Our research helps us to create a bespoke programme from **The Breakthrough Cycle** that is specific to your school and your individual requirements.

Our structured, yet flexible methods create a **holistic and sustainable approach** to supporting everyone from the student, to parents, to staff members and the wider community.



THE STUDENT BREAKTHROUGH

- 1:1 coaching sessions, group workshop sessions and events for students.
- Improve mental health, overcome anxiety, boost confidence & transform motivation.
- Perfect for all students including PP and LAC.
- Data report to show the measurable impact for Ofsted and governors.

THE TEACHER BREAKTHROUGH

- CPD coach training for staff to support the mental health of all students.
- Perfect for pastoral leaders, heads of year and support staff
- Assistance for the Designated Senior Lead For Mental Health.
- Help to create a bespoke Mental Health Policy for your school.

THE PARENT BREAKTHROUGH

- 1:1 coaching sessions to develop resilient mental health in parents.
- Group workshops and events for parents.
- Interactive Q&A sessions.
- Resources and strategies to support the whole family unit.

BESPOKE SUPPORT JUST FOR YOUR SCHOOL...

All of our coaching programmes are bespoke based on your school and the individual needs of your students.

We create an individual programme based on what you require from **The Breakthrough Cycle**.

To give you some idea, we have included some recent programmes...

THE STUDENT BREAKTHROUGH

Stantonbury School

Ten 1:1 coaching sessions
£500

Bower Park Academy

Half day of coaching events
£600

Ousedale School

Six workshop sessions with resources
£2,500

THE TEACHER BREAKTHROUGH

Nicholas Hawksmoor School

Three CPD Coach Training sessions
£1,000

Sponne School

Full 6 month CPD Coach Training Course
£3,000

THE PARENT

BREAKTHROUGH

Elizabeth Woodville School

Coaching event to support
parents and carers
£250



REMEMBER...

We will produce a personalised report using both soft and hard data to show the **measurable impacts** of our coaching programmes.

Our support is **perfect for all students**, especially PP and LAC children. Our methods have been proven to boost motivation, transform mental health and skyrocket confidence.

Student Breakthrough offers **sustainable & long lasting** support throughout the whole academic year so that we can create permanent change within your school.

THE TIME IS NOW...

Spaces on our programmes are limited. Make sure to **register your interest right now via email** to find out how we can support your school community. Remember, our coaching methods create a **holistic, sustainable** and **long lasting** approach to mental health support within schools.

Many thanks,

Sam Moinet
Founder of Student Breakthrough



studentbreakthrough.com



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The CPD Certification Service

